



Sun Smart Policy

**This policy was adopted by the Governing Body in December 2024.
It is reviewed annually.**

This policy is due for review December 2025



SunSmart Policy Regarding Sun Safety

At Liscard Primary School we want staff and pupils to enjoy the sun safely.

Governors and staff are fully aware of the dangers that over exposure to sunlight can have on skin. The following sets out the main aspects of our school policy to protect children. This should be read in conjunction with the school Health and Safety policy.

As a school there are two aspects to the policy, the implementation of safe school practice and the supporting strategies.

Implementation

As a school we will work with staff, pupils and parents to achieve this through:-

Education

- Learning about sun safety to increase knowledge and influence behaviour.
- Developing staff awareness, i.e. through provision of information regarding sun safety and available resources to teachers.
- Talking about how to be SunSmart in assemblies at the start of the summer term.
- Pupils to have at least one SunSmart lesson per year and be made aware of the 5 key SunSmart skin cancer prevention messages, which are:-
 - * Stay in the shade between 11am and 3pm whenever possible
 - * Make sure you never burn
 - * Always cover up
 - * Remember to take extra care with children
 - * Then use sunscreen – factor 30
- Parents and guardians to be sent a letter explaining what the school is doing about sun protection and how they can help to protect their children during the school day.
- Reminders about the need for protection to be included on letters, i.e. school trip and sports day letters.

Protection

As a school we will provide an environment that enables pupils and staff to stay safe in the sun by:

- Reducing sun exposure between 11am and 3pm where possible.
- Implementing the concepts of the “slip, slap, slop” programme:-
 - * **SLIP** on clothing to cover your arms and legs
 - * **SLAP** on a wide-brimmed hat
 - * **SLOP** on sunscreen with SPF (Sun Protection Factor) 15 or higher

Other sun safety precautions include wearing UV protective sunglasses, using lip balm with a SPF of 15 greater and performing regular skin examinations.

Application of sunscreen

- Parents will be encouraged by letter to apply a sunscreen before the start of school and provide children with their own to bring to school.
- Normally, pupils in Years 1 – 6 will be encouraged to apply their own sunscreen (preferably a 'roll on' style) under the supervision of an adult. All sunscreens sent into school should be labelled with the child's name.
- Adults may help children apply sunscreen to face, neck and arms where parents have supplied a written request. Children should apply sunscreen to their own legs. Adults may only apply sunscreen where another adult is present.
- No less than factor 15+ sunscreen to be applied.
- Care must be taken to ensure vulnerable pupils (e.g. foundation age and those with special needs) are protected whilst in the sun. This may well require the assistance of an adult, since some vulnerable pupils will be incapable of applying the sunscreen themselves.
- Care must be taken to ensure that those pupils with allergies are supplied with an appropriate sunscreen. It may be, however, that some pupils are allergic to lanolin rather than nut derivatives. This should be checked with the parent or carer. Note: East Pharmasuticals supply a sunscreen – 'Uvistat' which does not contain any nut derivatives – telephone number 0208 569 8174.
- We cannot supply sunscreen to all pupils on a daily basis because of cost.
- Sunscreen use will be encouraged on school trips.

Supporting Strategies

Shade

Following a review of the school grounds areas of shade are to be developed on all playgrounds:-

- Seats and tables are set in shady areas
- Activities make use of the shade available
- Outdoor activities and events are planned outside a 11am – 3pm where possible
- Outdoor plays may be shortened to avoid the sun
- Children are encouraged to wear hats and cover up
- Staff also wear suitable hats and clothing

Other

- Provide parents with information on the type and recommended preventative strategies for sun safety through school newsletters.
- Encourage and ensure through advance notice that parents, staff and pupils use a preventative approach on special, all-day activities such as PE days, educational visits and sports days.
- Provide a balance of indoor and outdoor activities during peak times.
- Model "safe sun practices". All adults should be seen to adhere to sun safe practices.
- The dangers of sun will form part of the PSHE curriculum.
- Sun screen will be encouraged on school trips and staff will provide extra sun screen in case children have forgotten their own.
- Permission will be sought from parents.

As a General Rule of Thumb, all the children will be encouraged to know that:-

"If my shadow is shorter than me I need to stay in the shade".

Monitoring and Evaluating the Policy

School will monitor progress and review the policy regularly:-

- Continue to gather feedback from all the people affected.
- Monitor incidents of sunburn to see if they are decreasing.
- Photograph changes in the school's environment and keep records of the implementation process.