

# THE LISCARD BULLETIN

LISCARD PRIMARY, WITHENS LANE, WALLASEY, CH45 7NQ

## Congratulations Completing Reading Logs

Well done to Emma and Betsy who have been reading so much that they have completed their Reading Logs. When a child completes their log they receive a Headteacher Award sticker and choose a book prize. The girls are big David Walliams fans so chose Robodog and The Boy in the Dress.



## In Someone Else's Shoes

As part of the work we do in RE and World Views, our children were invited to contribute to a project in which we celebrated empathy. The children showed real compassion and understanding about how it must feel to be estranged from family, loved ones and the country you were born in.



## Our Future World Competition Winner



Our eco rangers were invited to enter a competition where they had to create a design of how they would like our future world to look. Along with their design they had to write a caption about it. Aoife was one of 200 children who entered. Her design was so good that she

was one of six prize winners. The winning designs will be placed across waste disposal zones across Merseyside as an incentive to help people recycle.

## Reminder - End of Spring Term Arrangements

School closes for the spring break on Thursday March 28th at usual time. Pirates and Captains will be open until 5.00pm. Staff would appreciate you collecting the children promptly from the clubs.

**Engage - Enrich - Empower**



## Easter Egg Raffle

Every year each class runs an Easter Egg Raffle to raise vital funds for the school we sponsor in Ghana, The Cosmic Academy.



Over the last few years we have managed to support the school so that children can attend school and have appropriate school furniture. Our contributions have funded some computers, and helped to make the playground safe and secure. Jaylallia, the headteacher is so very grateful for the amazing support we provide. Children can buy a ticket for 50p. The raffle will be drawn on the last day of term, Thursday 28th March.

## Emergency Allergy Medication

You may have seen on national television a story about how an epipen saved the life of a teacher, who had a severe allergic reaction. The school had epipens from a



company called Kitt medical. We were one of the first schools to sign up with Kitt Medical, so that we could access training and equipment to support a small number of children and staff who have severe nut allergies. The kit is situated near the school gym. We hope we never need to use it! **Please make sure that your child does not bring in ANY nut products.** Thank you.

## An Amazing Opportunity for Some of our Liscard Year 5 Children

Three Year 5 children happened to mention to Mrs Talbot that they were very keen artists. All are considering careers in the art field. Miss Moran, one of our deputy headteachers is a very talented artist. She works in a communal art space in Liverpool on a Thursday and Friday producing award winning work.

When Miss Moran heard about our three budding artists she invited them over to the studio.



Miss Moran showed the children examples of her print making, including the press and etching plate. The children were lucky to see the prints that have won prizes as well as those prints that have been entered into the Royal Academy of Art Summer Exhibition.



One of the artists was a sculpture, using clay to make minotaur like sculptures.



Peter is an amazingly talented artist who paints portraits and dancers.



Marie enjoys painting landscapes. She also paints pictures that encourage people to think about the impact of climate change.



The children loved the painting of the Black Pearl on New Brighton beach, before it succumbed to the wind, rain and sea.



The artists were so generous with their time. They gave the children gifts. Miss Moran bought the children their own sketch books and pencils.



It was hungry work, so Mrs Talbot treated everyone to lunch. A big thank you to Northern Lights.

# Celebrating Amazing Learning Experiences at Liscard

## Foundation 1



The children have been looking at exploring nature indoors and the benefits it can have as we move into spring.

## Foundation 2



The children have been looking at the conditions plants need to grow. They are tracking the journey from planting a small seed to growing cress.

## Year 1



Year 1 had a visit from the Wirral Council Road Safety Officers. They taught the children how to ride safely on scooters. Although it rained, this did not put the children off. They had a lovely time. The officers commented on how well the children listened and took turns. Well done Year 1.

## Year 2



The Year 2 children have been improving their knowledge and understanding of fractions. This is a tricky concept so the children used 2 dimensional objects (manipulatives) to deepen their knowledge and understanding.



## Year 3



The children have been preparing for their new topic in computing. They will be creating stop frame animation books. The children have begun by drawing a figure on separate pages moving figures slightly. They flick the pages giving the illusion the figure is moving.



## ATTENDANCE AWARDS

1CN 100%  
6HD 99.6%  
FSC 91.4%

Let's see which classes have the highest attendance this week!



## WALL OF RECOGNITION

Well done to the following children who have consistently followed the school rules of being kind, working hard and never giving up.

F1 ALBUS  
F2 AMELIA  
Y1 TEDDY  
Y2 SUMMER  
Y3 RUBY  
Y4 KANE  
Y5 KAYLA  
Y6 MASON








## Attendance

Well done to Miss Crelley's class who were the winners of the attendance trophy for Key Stage 1. Congratulations to Miss Hammond's and Miss Duffy's class who were the winners of the attendance trophy for Key Stage 2. Mrs Cahill's class had the highest attendance across Foundation 2 for the second week running. The overall attendance this week was 95.8% which was an improvement from the previous week as well as being well above the national average. There were twenty classes that had attendance above the national average. Fourteen classes improved attendance from the previous week.

Thank you for making sure your children attend Liscard every school day.



## School Lunches

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Curry Day</b></p> <p>Choose from a homemade creamy chicken curry or a vegetable curry served with Rice, Naan bread and Vegetables</p> 	<p><b>Hotdogs</b></p> <p>Choose from a butcher's quality sausage or a Quorn sausage served in a finger roll with homemade potato wedges and corn on the cob</p> 	<p><b>Roast Dinner</b></p> <p>Choose from either home roasted meat of the week or a Quorn fillet served with roast potatoes, carrots, cauliflower, Yorkshire pudding and gravy</p> 	<p><b>Meatball Pasta Bake</b></p> <p>Choose from beef meatballs or Quorn balls, cooked in a homemade tomato sauce, mixed with pasta spirals, topped with cheese and baked in the oven, served with sweetcorn</p> 	<p><b>Fish &amp; Chips</b></p> <p>Choose from either cod fillet fish fingers, battered cod fillet or Quorn nuggets baked in the oven and served with chips and peas or baked beans</p> 
<p><i>Jacket Potatoes are also available daily as a hot alternative</i></p> <p>or</p> <p><i>A selection of sandwiches, served on sliced bread, wraps and assorted bachel with a choice filling will be available daily - ham, cheese, tuna and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, and peppers.</i></p> <p><b>Dessert</b></p> <p><i>A selection of homemade desserts will be available every day as well as Fresh Fruit, Fruit Salad, Yogurts and Cheese and Crackers</i></p> <p><b>Drink</b></p> <p><i>A selection of drinks will be available daily</i></p>				

## National Online Safety



National Online Safety

The latest guide from the National Online Safety below provides ideas for encouraging open conversations between parents/carers and their children.

### Diary Dates

March 28th

School closes for spring break

March 25th

Year 3 visit to Hebron Hall

April 15th

School re-opens for the summer term

April 18th

Family Support event

May 24th

School closes for half term



Mrs. Sue Talbot

Headteacher

B.Ed(Hons) M.Ed NPQH LPQSH

# 10 Top Tips for Parents and Educators

## ENCOURAGING OPEN CONVERSATIONS AT HOME

With tricky topics and occasional clashes of opinion, it can be challenging to maintain an environment where children feel able to talk candidly and honestly. However, encouraging such conversations helps to develop trust – making it easier to unpack even sensitive subjects as children get older. Here are our top tips for promoting open conversations at home.

### 1 CREATE A SAFE SPACE



Criticism, blaming or shaming can all prevent children from feeling emotionally safe – while showing affection, positive attention and an interest in what a child has to say builds their sense of security. These formative years are when children's opinions and values begin to take shape, so it's important to provide a non-judgmental environment in which to discuss them – especially if their opinions differ from your own.

### 2 CONSIDER OTHER OUTLETS



Some children may find it easier to talk while they're participating in another activity such as drawing, writing, walking or sport. If it's possible, taking part in these activities together presents you with an opportunity to communicate while doing something side by side. A child may feel less pressure that way and can be more inclined to open up of their own accord.

### 3 NORMALISE CHATS ABOUT FEELINGS



Incorporate mental health and emotional wellbeing into everyday conversations, using age-appropriate language and examples to help children understand their emotions. Ask questions like "How are you feeling today?", "What was the best and worst part of your day?", "If you could start today again, what would you do differently?" and "Is there anything you want to talk about?"

### 4 LISTEN ACTIVELY



When children express themselves, make it obvious that you're listening closely and giving them your full attention. Maintain eye contact and validate their feelings without immediately trying to solve the problem. It's not helpful to dismiss their issues as childish or 'teenage angst' – or to assume that they'll simply 'get over' whatever they're feeling. Children don't have your life experience; their resilience is still developing as they learn to push through difficulties and handle problems.

### 5 ASK OPEN QUESTIONS



Encourage children to share their thoughts by asking open questions about their feelings and experiences. Closed questions (such as "Did you enjoy school today?") are more likely to elicit a simple "yes" or "no" response. Instead, you could ask things like "Who did you spend time with at break?" or "Who did you sit with at lunchtime?"

### 6 RESPECT THEIR BOUNDARIES



If a child isn't ready to talk to about something yet, respect their boundaries: this reinforces that their feelings are important and worthy of consideration. Ideally, you're aiming to let them know you care without smothering them, so just make it clear that you're there for them whenever they're ready to chat. Gentle, regular check-ins can sometimes be the best form of progress.

### 7 LEAD BY EXAMPLE



Model open, honest and healthy communication in front of children and young people. Try to demonstrate kindness when talking about others and yourself, because if children hear adults being overly harsh, critical or judgmental, or see them having unrealistic expectations of themselves, it makes them more likely to adopt and repeat this behaviour themselves as they grow.

### 8 HAVE REGULAR CHECK-INS



Check in with children periodically to discuss how they're feeling and what's going on in their lives. This could be a weekly or monthly conversation, where the child has an opportunity to share whatever's on their mind. For parents and carers, getting away from the house and other distractions might be productive here: you could consider regular trips to a coffee shop or a café, or just a weekly walk.

### 9 PROVIDE RESOURCES



It's often beneficial to let children know about other support that's available to them if they're struggling to talk to you specifically. Encourage them to talk to school counsellors, trusted adults or even a therapist, if necessary – while normalising this route and dispelling the harmful stigma around asking for help. Older children could engage with resources such as *Kooth* or *YoungMinds*.

### 10 CELEBRATE EMOTIONAL EXPRESSION



It's beneficial to praise children for expressing their feelings honestly – emphasising how important it is to talk about their emotions and how proud you are of them for doing so. This can be especially pivotal for boys, who often experience more of a stigma around talking frankly about their feelings and their mental health – a barrier that can be overcome, with enough love and support.

## Meet Our Expert

With 30 years' experience as a teacher, trainer, consultant and interim executive board member, Anna Bateman has a superb understanding of what works in pedagogy, school improvement and leadership. She has also advised the Department for Education on their mental health green paper.



#WakeUpWednesday

The National College