

# THE LISCARD BULLETIN

LISCARD PRIMARY, WITHENS LANE, WALLASEY, CH45 7NQ



## Volunteering Opportunity CAB

Citizens Advice Wirral is seeking a Volunteer Administrative assistant to play a pivotal role in the smooth operation of their support team. The successful volunteer would be contacting clients, handling various administrative tasks, supporting staff from the debt team, caseworker team, and the Macmillan caseworker team.

If you are interested please email :

Vicky Cunningham - Volunteer coordinator at Citizens Advice Wirral  
vicky.cunningham@citizensadvicewirral.org.uk

Or apply online :

<https://citizensadvicewirral.org.uk/volunteer/apply-online/>

For More information on volunteering with us please click the link below:

<https://citizensadvicewirral.org.uk/volunteer/volunteer-faq/>



## Cycle Helmets

## Show Some Love - Own Clothes Day

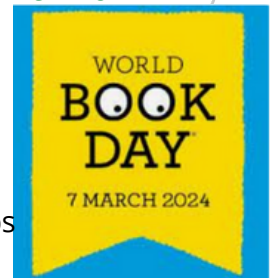
Just a reminder that there will be an 'own clothes day' on Friday March 1st 2024. In exchange for children wearing their own clothes FoLPS request a donation that can be put into the 'Show Some Love' sale.

## World Book Day - March 7th 2024

Liscard will be participating in World Book Day on Thursday March 7th. Please keep an eye out for a dojo post from your child's teacher as some year groups are looking to dress up in a particular theme, or book characters from specific books.

As per usual SLT and the family support workers will be embracing the day. They will be in a world of pure imagination....they will be asking if you want to view paradise... Any ideas of the characters yet??

As happens every year all children will receive a book token to go towards the cost of buying a book



## FoLPS Events

Thank you to all those at FoLPS who have arranged events so far this year.

FoLPS 'Show Some Love' sale will take place on Thursday March 7th 2024. Gifts will range in price from £1 to £3. All classes will have the opportunity to visit the sale.

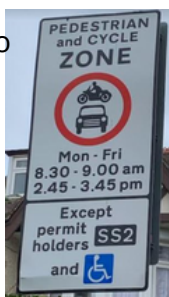
March 14th - Easter Disco - Please check dojo for further details.

June 7th - Own clothes day for donations towards 'Treat Your Hero' sale taking place on June 13th.



## Issues on Manor Lane

Thank you to all parents/carers, who are adhering to the parking restrictions. We really appreciate your support keeping our children safe. We have been informed that police officers will be patrolling the lane in the not to distant future.





Start your Fostering journey here !



Check out our website at:

[www.wirralfostering.org](http://www.wirralfostering.org)

And complete an enquiry form

Call Admin on 0151 666 4616

Or email

[fosteringadmin@wirral.gov.uk](mailto:fosteringadmin@wirral.gov.uk)



## What is fostering?

We offer a range of types of fostering to suit your lifestyle, along with ongoing training and a great support package.

There is a huge variety and diversity in the children and young people who need a safe and loving home upon Wirral and we aim to reflect this in our foster carers.



We need loving homes for children of all ages up to 18 years, including babies and toddlers, older children and teenagers, sometimes for brothers and sisters who need to stay together.

Some children have special needs, these could be physical disabilities and/or learning difficulties and need special care.

Children from different backgrounds may have special requirements and have particular cultural or religious needs.



## Types of Fostering

### Short Term

Short term foster carer may involve looking after a child on an emergency basis for as short as an overnight stay or having a child with you for a few months or even a year or two, before they return home or move onto a more permanent home. By providing short term foster care you can give a child in an unsettled situation the security they need and the time they need it most.

### Long Term

Being a permanent carer for a child or young person essentially means they live with you until they reach independence, but unlike adoption, the legal powers regarding the child or young person will remain with the local authority.

### Sibling Groups and Teenagers

We need homes for children of all ages up to 18 years, but there is a consistent need for foster carers to look after sibling groups for whom the security and comfort of staying together in a foster home is essential. It is so important to keep sibling's together where possible. This means providing a stable family environment for children, often for older children and teenagers, who cannot live with their birth families.

### Short Breaks for Children with Disabilities

Short breaks care helps to relieve the pressure on parents and families caring for children with disabilities and / or health conditions. As a short break carer, you become a partner family to a child and their family, supporting them by caring for the child overnight on an agreed programme (e.g. one weekend per month). This means it's an ideal area of care for people who work full-time or have limited free time.



# Fabulous Learning Experiences at Liscard

## Year 6



In Art, The Year 6 children have used oil pastels to create a piece of work inspired by Beatriz Milhazes. In Science the children ordered the steps involved in the circulatory system and used role play to follow the route of oxygenated and deoxygenated **blood**.

## Year 5



Tuesday was Safer Internet Day 2024. The children discussed how technology has changed and the impact that it is having on the world. The children discussed effective strategies for using technology safely and what they can do if they feel uncomfortable online.

The children have enjoyed their last visit to Hebron Hall with Mr Dodd, they learnt all about the prophets of the Old Testament. The children's memories were really tested when they performed all 40 (yes 40!) hand signs to recall and act out the stories told.

## Year 5



## Year 4



In Science, the children investigated which type of chocolate melted the quickest. We found that the white chocolate melted the quickest because it had no natural cocoa in it and is made up of milk, sugar and fats

## Year 4



In geography, the children have been learning about the different areas of the North West. These have included Merseyside, Cheshire, Lancashire, and Greater Manchester.

## Year 4



As designers the children made a start on stitching our Egyptian slippers! It has been a long process to get here... researching materials, designing patterns, and practising different stitches!

## ATTENDANCE AWARDS

6LQE	100%
6KM	100%
1HWS	99.1%
FSC	97%

Let's see which classes have the highest attendance this week!



## WALL OF RECOGNITION

Well done to the following children who have consistently followed the school rules of being kind, working hard and never giving up.

- F1 RUBEN
- F2 CALLIE-RAE
- Y1 CARTER
- Y2 ROSA
- Y3 JACKSON
- Y4 LUCAS
- Y5 ALYVIA
- Y6 WILLIAM



## Attendance

Well done to Miss Woodfin Smith's class who were the winners of the attendance trophy for Key Stage 1. Congratulations to Mrs Quarry-Ellis's and Mrs Keast/Murray's class who were the joint winners of the attendance trophy for Key Stage 2. Mrs Cahill's class had the highest attendance across Foundation 2.

The overall attendance improved this week to 94.4% which is just above the national average. There were eighteen classes that had attendance above the national average. Eleven classes improved attendance from the previous week.






Please make sure your children attend Liscard every school day.



## Every Day Counts



## School Lunches

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Homemade Pizza</b> Choose from cheese &amp; tomato or pepperoni served with corn on the cob and pasta spirals</p> 	<p><b>Chicken Chow Mien</b> Choose from chicken breast or Quorn pieces fried with garlic, onions and peppers in a soy sauce served on a bed of noodles and green beans</p> 	<p><b>Roast Dinner</b> Choose from either Rome roasted meat of the week or a Quorn fillet served with roast potatoes, carrots, cauliflower, Yorkshire pudding and gravy</p> 	<p><b>Spaghetti Bolognese</b> Choose from fresh minced beef or Vegetarian cooked with onions, garlic, tomatoes and herbs, served on a bed of pasta and broccoli</p> 	<p><b>Fish &amp; Chips</b> Choose from either cod fillet, fish fingers, battered cod fillet or Quorn nuggets baked in the oven and served with chips and peas or baked beans</p> 
<p><i>Jacket Potatoes are also available daily as a hot alternative</i> Or <b>Del Bar - Available Everyday</b> A selection of sandwiches, served on sliced bread, wraps and assorted buns with a choice filling will be available daily - ham, cheese, tuna and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, and peppers.</p> <p><b>Dessert</b> A selection of homemade desserts will be available every day as well as Fresh Fruit, Fruit Salad, Yogurts and Cheese and Crackers</p> <p><b>Drink</b> A selection of drinks will be available daily</p>				

## National Online Safety



The latest guide from the National Online Safety below provides information about the 10 ways gaming can have positive outcomes.

## Diary Dates

February 26th

February 28th

March 6th

March 7th

March 15th

March 28th

**School reopens**

Parenting course

Parenting course

**WORLD BOOK DAY**

Road safety workshops - Yr 5

**Comic Relief**

**School closes for spring break**



Mrs. Sue Talbot

Headteacher

B.Ed(Hons) M.Ed NPQH LPQSH



# 10 WAYS GAMING CAN SUPPORT POSITIVE OUTCOMES in Children and Young People

Gaming, of course, is phenomenally popular with children and young people. In 2021, for instance, more than three-quarters of teenagers played online games, with almost 70% of primary school aged children doing likewise. If enjoyed in moderation and supported by a healthy routine (staying hydrated, good sleep habits, taking breaks and so on), gaming can actually benefit a person's mental health. As long as we stay alert for potential risks, games can be much more than what we see on the surface: they can be a way to socialise, an avenue for creativity and a route to solving problems. Check out our top ten tips on how gaming online can sometimes work to your child's advantage ...

## THE FEEL-GOOD FACTOR

Gaming is so popular because at the base level, it's enjoyable for the player. Succeeding in any game or contest releases dopamine in our brains: the 'feel-good' chemical that makes us happy or excited. Those emotions can be incredibly beneficial for mental wellbeing – as long as young players don't become reliant solely on playing video games to make themselves feel happy.

## ACHIEVEMENT & PRIDE

A sense of achievement is incredibly important to all of us and can be particularly valuable to someone who's feeling unhappy or distracted. It's easy to get caught up in our thoughts, which can sometimes take a negative turn. So even achieving something small – like finishing a difficult level in a Mario or Sonic game – can feel like conquering Everest and give us renewed optimism.

## SOCIAL SALVATION

Gaming can be an incredibly social activity. When playing online with trusted friends, what usually start out as chats specifically about the game can often develop into conversations about school and life. Even if they've had a bad day, simply knowing that a friend is there, on the other end of their headset, can provide young gamers with a sense of security and some welcome laughs.

## TEAMWORK MAKES THE DREAM WORK

In many online games, teamwork is crucial to winning. Often, people who are struggling with their mood tend to feel like they fail or let others down a lot. Working as a team with trusted friends or family in a game can reinforce a young person's self-importance: striving for a common goal and succeeding together can remind them that they're an integral part of something bigger.

## REAL-WORLD RELATABILITY

Because many major releases are shooting or action games, when some people hear "gaming" they think of guns, explosions and violence. What's less recognised is how many titles explore relatable issues such as overcoming anxiety or coping with grief. These games allow young players to understand their emotions more deeply and realise they aren't alone in how they might be feeling.

## A DIGITAL COMFORT

Video games can provide a reliable constant. No matter what happens in school or between friends, playing a favourite game is something that youngsters can look forward to all day and can help them de-stress. Let's not forget, games are fun – and, when approached safely, an interactive activity in which the player has a degree of control over what happens next can feel immensely reassuring.

## PROBLEM-SOLVING PRACTICE

It can be difficult for young people to handle the feeling that nothing is going right or that their problems are insurmountable. Gaming can help alleviate that by presenting challenges to be overcome, either solo or alongside trusted friends. Defeating a powerful monster or solving a tricky puzzle reminds young gamers that even the most daunting obstacles can be faced and conquered.

## THE GREAT ESCAPISM

A certain amount of escapism is fabulous – allowing us to temporarily park some stress while exploring a world other than our own. For children, gaming can be like reading a novel or watching a film: a moment in the day when the fantastical becomes real, firing their imagination and immersing them in a story. Who wouldn't want to venture to the stars? Or battle monsters to save the planet?

## TRIED & TRUSTED

There can be reassurance in repeating tasks. It often promotes a controlled outcome, which is ideal when life feels overwhelming or out of control. Replicating an experience, such as playing the same level of a game over and over to perfection, gives the player a sense of control and familiarity: it's like listening to a favourite song that always makes you feel happy or confident.

## ENCOURAGING CREATIVITY

Inventiveness is a huge part of many modern games: in Minecraft and Roblox, for example, players regularly dream up amazing structures or new ways to play. Using our imagination to create something (whether digitally or physically) is massively beneficial for the brain; that's why Lego is sometimes used in the medical sector as both a stress reliever and a brain injury rehabilitation tool.

## Meet Our Expert

Daniel Lipscombe is a writer who specialises in technology, video gaming, virtual reality and Web3. Author of 15 guidebooks for children on games such as Fortnite, Apex Legends, Valorant, Roblox and Minecraft, his work has also been published in the likes of PC Gamer, Kotaku, Pocket Gamer and VG247.

