

THE LISCARD BULLETIN

LISCARD PRIMARY, WITHENS LANE, WALLASEY, CH45 7NQ



Essential FOOD BAGS

Available from the school lodge

Thursday 25th January

From 9am - 10am

Essential food bags will be made up every two weeks, ready for you to collect.

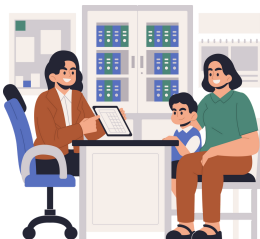
VOLUNTEERS NEEDED

IF YOU ARE ABLE TO HELP MAKE THE BAGS UP PLEASE LET US KNOW. WE ARE ONLY ABLE TO DO THIS BASED ON VOLUNTEERS AND COULD DO WITH MORE HELP.

Please bring spare carrier bags you may have that we can use. Any enquiries please email tfolps@gmail.com or our Facebook page - Friends of Liscard Primary. Thank you.

Parents/Carers Meetings - Feb 12th - 14th 2024

The appointment system for booking parents/carers meetings has gone live. You need to log into the school website (scroll down to the bottom of the school web page).



Monitor of Pupil Attendance

The Department for Education has made improving school attendance a priority for all headteachers. All children's attendance is monitored regularly. For children of compulsory school age (5-11 years) any child whose attendance is 90% or below, attendance is monitored weekly.

We are sending emails to parents/carers of children with below 90% attendance every two weeks.

Where a child's attendance remains stubbornly below 90% Mrs Talbot may invite parents/carers to attend a meeting. The purpose of the meeting is to look at ways in which the child's attendance can improve. If attendance does not improve attendance may be unauthorised with parents/carers receiving a fine. Please be assured that this is a last resort, so please work with us.

Engage - Enrich - Empower

Measles Outbreak

Measles is an infection that spreads very easily. It's unpleasant and can sometimes have serious complications. You may have seen that there has been an outbreak of measles in the Midlands. The NHS advises that having the measles, mumps and rubella (MMR) vaccine is the best way to prevent it.

Symptoms of Measles

The first symptoms of measles develop around 10 days after being infected. These can include:

- cold-like symptoms, such as a runny nose, sneezing, and a cough
- sore, red eyes that may be sensitive to light
- watery eyes
- swollen eyes
- a high temperature (fever), which may reach around 40°C (104°F)
- small greyish-white spots in the mouth
- aches and pains
- loss of appetite
- tiredness, irritability and a general lack of energy

The measles rash appears around 2 to 4 days after the initial symptoms and normally fades after about a week. The rash:

- is made up of small red-brown, flat or slightly raised spots that may join together into larger blotchy patches
- usually first appears on the head or neck, before spreading outwards to the rest of the body
- is slightly itchy for some people

Antisocial Behaviour

Last week there were several incidents where staff and parents were verbally abused by a small number of parents/carers. Whilst appreciating that people are entitled to their own opinions, it is not acceptable for anyone to intimidate school staff or parents. If this behaviour continues it could result in specific parents/carers being banned from the school site. Clearly we do not want this to happen. We would appreciate everyone's support with this matter.

Fabulous Learning Experiences at Liscard

Foundation 2



Foundation 2 children have been learning all about Winter this week. In PE we have been balancing and jumping off apparatus.

Year 2



In Art this half term, Year 2 children are looking at drawing and 3D design. The children have been practising mark making and patterns and then moving on to making patterns on top of different materials with different resources such as charcoal, oil pastels, wax crayons and more. We have been using dictionaries to find the definitions of new vocabulary.

The children haven't been able to play outside due to the icy conditions so we have kept ourselves active inside instead.

Year 5



Children have enjoyed using different mediums to create Anglo Saxon brooches in Art. They will look at developing these further by creating 3D models in the coming lessons.

ATTENDANCE AWARDS

6HD 99.1%
1RD 98%
FSC 95%

Let's see which classes have the highest attendance this week!



WALL OF RECOGNITION

Well done to the following children who have consistently followed the school rules of being kind, working hard and never giving up.

F1 LUCAS
F2 LEON
Y1 ROSIE
Y2 ZARA
Y3 TEDDY
Y4 ALARA
Y5 HARRY
Y6 ZANDER



Attendance

Well done to Miss Day's class who were the winners of the attendance trophy for Key Stage 1. Congratulations to Miss Hammond's and Mrs Duffy's class who were the winners of the attendance trophy for Key Stage 2. Mrs Cahill's class had the highest attendance across Foundation 2.

The overall attendance was lower this week 92.8% which is below the national average. There were eight classes that had attendance above the national average. Seven classes improved attendance from the previous week. Please make sure your children attend Liscard every school day.



Every Day Counts



School Lunches

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Goujons Breaded chicken goujons baked in the oven and served with homemade herbry diced potatoes and sweetcorn Veggie goujons available as a vegetarian alternative 	 Sausage & Mash Choose from fresh butcher's quality pork sausages or Quorn sausages served with homemade mashed potatoes, peas and gravy	Roast Dinner Choose from either home roasted meat of the week or a Quorn fillet served with roast potatoes, carrots, cabbage, Yorkshire pudding and gravy 	 Pasta Carbonara Tagliatelle pasta onions, smoky bacon or Quorn smothered in a creamy sauce Served with garlic bread and broccoli	Fish Fry Day Choose from either cod fillet fish fingers, battered cod fillet or Quorn nuggets baked in the oven and served with chips and peas or baked beans 
<i>Jacket Potatoes are also available daily as a hot alternative</i> Or Deli Bar - Available Everyday <i>A selection of sandwiches, served on sliced bread, wraps and assorted batch with a choice filling will be available daily - ham, cheese, tuna and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, and peppers.</i> Desserts <i>A selection of homemade desserts will be available every day as well as Fresh Fruit, Fruit Salad, Yogurts and Cheese and Crackers</i> Drink <i>A selection of drinks will be available daily</i>				

National Online Safety

The latest guide from the National Online Safety below provides information and tips on the use of smart phones.

Diary Dates

January 25th & 26th
January 29th - Feb 2nd
Feb 5th - 9th

February 5th

February 12th - 15th
February 14th

February 15th

February 16th

Year 5 Bikeability
Year 5 Bikeability
Children's Mental Health Week
Choir - Young Voices Concert
Parent/Carer Meetings
Year 4 & 5 Theatre trip to see Shrek the musical
School closes for half term
INSET Day



Mrs. Sue Talbot
Headteacher
B.Ed(Hons) M.Ed NPQH LPQSH

SMARTPHONE SAFETY TIPS

for young people

7

You may have been lucky enough to have unwrapped a smartphone at Christmas, or you might be eagerly anticipating getting a new one at some point during this year. Whether it'll be your first ever phone or an upgrade on your old model, it's always useful to have a refresher about how to set it up and adjust the settings to keep yourself – and your valuable personal info – safe and secure. We've collected some expert tips to help you enjoy your smartphone in the healthiest way possible.

NEVER SHARE YOUR PASSCODE

Alongside face or fingerprint recognition, your passcode is crucial to unlocking your phone and accessing your apps and personal information. You shouldn't give it out, even to close friends – after all, you wouldn't hand them a key to your house and let them go in for a nosy around! If a friend wants to use your phone, ask them why and make sure you can see what they're doing with it.

RESPECT PARENTAL CONTROLS

If you're allowed to have a smartphone, it's because your parents or carers feel that you're mature and responsible enough to use it safely. They might set controls and boundaries on your device – not to spoil your fun but to help you avoid hazards like too much screen time or costly in-app purchases. Following these rules means you can enjoy using your phone while respecting their wishes.

TALK TO A TRUSTED ADULT

Whether it's to listen to music, play games, create content or chat with friends, using a smartphone should be fun. If you're ever feeling anxious, worried or scared about going on your phone, then something isn't right. It's important not to ignore these feelings; instead, talk to a trusted adult about what's happening and how it's making you feel.

STAY ALERT

Two words: look up. It might sound obvious, but it's so easy to get immersed in what we're looking at or listening to on our phones that we can become unaware of our surroundings – or who might be around us. People often walk with their head down, focusing on their phone, and forget to check for obstacles in their path, cars or other pedestrians coming towards them, which is clearly dangerous.

DEVELOP HEALTHY HABITS

Phones offer a vast amount of content and the chance to chat with friends whenever we feel like it, which can make it difficult to take time away from the screen. If that's something you struggle with, you could try setting time limits on certain apps. Putting our phones down for a while gives us more time to interact with others or do something physical that helps keep us fit and healthy.

IGNORE UNKNOWN NUMBERS

There are some scammers who might call or text asking you to share personal data or to click on a link and provide your details. Some may claim to be from a genuine company, but trustworthy businesses don't spontaneously call or message to ask for your information. It's safest to ignore calls or texts from unknown numbers, and never give your personal details out over the phone.

ONLY USE AGE-APPROPRIATE APPS

Before downloading a new app or game, check what age rating it has. Don't feel pressured into getting a particular game or app just because your friends are using it. If it's intended for older people, there's a definite risk that it could include content (which is violent or frightening, for instance) or language which isn't suitable and may leave you feeling upset or disturbed.

REMOVE TEMPTATION

A good night's sleep is so important for concentration, mood and overall health. Unwinding properly before going to bed – which means not staring at a screen late at night – can often improve sleep quality. Put your phone on charge overnight, but not in your room. This means you'll have a lot less temptation to check any notifications, reply to messages or get caught up scrolling on social media.

THINK ABOUT OTHERS

Watching videos, listening to music or calling someone can all help to pass the time while we're on the bus, waiting in a queue or walking down the street. It's important to remain mindful of other people, though; they might not want to hear your tunes or your conversation. Likewise, if you're calling from a public place then don't forget that anyone could overhear something personal about you.

SWITCH OFF GEOLOCATION

In your phone's settings, you'll be able to disable geolocation for individual apps and photos; this means that people online (including strangers) can't see information about where you are when you share or post a pic. On the subject of images, it's also important to ask permission before taking or sharing a photo of someone – and don't share embarrassing images of your friends with others.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



The National College

NOS National Online Safety
#WakeUpWednesday