

# THE LISCARD BULLETIN

LISCARD PRIMARY, WITHENS LANE, WALLASEY, CH45 7NQ



## MMR Immunisations

UK Health and Safety Agency (UKHSA) is investigating increased cases of measles in England since January 2023. Cases so far identified include children and adults; many with recent travel history.

The uptake of the MMR vaccine among children has also seen a steady decline over the last few years which means more of the population are potentially exposed to infection.

As we enter the warmer months, we can expect increased mixing in a variety of settings including at festivals, through foreign travel and social events.

The risk to the UK population remains low, but the UKHSA is asking parents/carers to be alert to signs and symptoms and ensure that they or their children have received two doses of the MMR vaccination. Measles is highly contagious and can lead to complications such as ear infections, pneumonia, and inflammation of the brain which require hospitalisation and on rare occasions can lead to long term disability or death.

Spending 15 minutes or more in direct contact with someone infected with measles is enough to catch the infection. People whose immunity is compromised, pregnant women and unvaccinated children are at increased risk of severe disease.

### Measles symptoms to be aware of include:

- high fever
- sore, red, watery eyes
- coughing
- aching and feeling generally unwell
- a blotchy red brown rash, which usually appears after the initial symptoms.

Anyone with symptoms that could be measles is advised to stay at home and phone their GP or NHS 111 for advice, rather than visiting the surgery or A&E.

**The UKHSA have asked schools to remind parent/carers that the free MMR vaccine is a safe and effective way of protecting against measles, as well as mumps and rubella.**

## MEASLES IS A SERIOUS THREAT TO HEALTH

MMR VACCINATION IS THE ONLY WAY TO PROTECT AGAINST MEASLES

ANYBODY (ADULT OR CHILD) WHO HAS MISSED THEIR MMR SPEAK TO YOUR GP

#MMR

## Liscard Primary School Street Trial

Well done to all Year 6. The way in which they approached their SAT exams last week was amazing.

A number of the papers were really tricky. All children tried their best. They worked hard and never gave up.

We are really proud of all of the children.



## Warning - Prime Drinks



You may have seen in the news that a child suffered a cardiac episode after drinking a PRIME energy drink. The

drink contains 140mg of caffeine per 12oz can/bottle. The child had to have their stomach pumped. **We would encourage children NOT to drink PRIME products.**





BRILLIANT

## Celebrating the Coronation of King Charles III Long Live the King!

Thank you for  
going above  
& beyond.

On Friday May 5th we celebrated the coronation of King Charles III. The children started the day with an assembly. They learnt the history behind the event and were reminded of the meaning of key words such as ascension, pageantry, sceptre, orb, procession and Queen consort.

### Early Years



### Foundation 2



### Year 1



### Year 2



### Year 3



### Year 4



### Year 5



### Year 6



The children enjoyed a number of art and craft activities. They celebrated with party food and drinks.





## ATTENDANCE AWARDS

<b>1AL</b>	<b>100%</b>
<b>6LQE</b>	<b>100%</b>
<b>FSC</b>	<b>95%</b>
<b>FJP</b>	<b>95%</b>

Let's see which classes have the highest attendance this week!




## WALL OF RECOGNITION

Well done to the following children who have consistently followed the school rules of being kind, working hard and never giving up.

<b>F1</b>	<b>ALFIE</b>
<b>F2</b>	<b>PHOEBE</b>
<b>Y1</b>	<b>ARLO</b>
<b>Y2</b>	<b>AMELIA</b>
<b>Y3</b>	<b>SCARLETT</b>
<b>Y4</b>	<b>CALEB</b>
<b>Y5</b>	<b>LILLY-MAE</b>
<b>Y6</b>	<b>JACOB</b>



## Attendance

Well done to Mrs Lakelin's class who were winners of the attendance trophy for Key Stage 1! 

Congratulations to Mrs Quarry-Ellis's class who were winners of the attendance trophy for Key Stage 2.

Mrs Cahill's class had the highest attendance across Foundation 2 for the fourth week running. Mrs Pinnington's class were joint winners.

The overall attendance this week is 96.3%.



There were fifteen classes that had attendance above the national average. Nineteen classes improved their attendance from last week.



## Every Day Counts



## School Lunches

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Chicken Goujons</b> Breaded chicken goujons baked in the oven and served with homemade herb diced potatoes and sweetcorn. Veggie goujons available as a vegetarian alternative.	 <b>Spanish Chicken</b> Chicken breast cooked in homemade tomato and pepper sauce. Served with rice and peas.	<b>Pasta Bar</b> Choose your pasta - spirals or spaghetti. Choose your sauce - homemade bolognese, tomato & herb or cheese. Top with a choice of cheese, ham or tuna. Served with a mixed salad.	 <b>Burger Day</b> Choose from a butcher's quality beef burger or a vegetable burger, served in a bun with a corn on the cob and coleslaw.	<b>Fish Fry Day</b> Choose from either cod fillet fish fingers, battered cod fillet or Quorn nuggets baked in the oven and served with chips and peas or baked beans.
Jacket Potatoes are also available daily as a hot alternative or Deli Bar - Available Everyday A selection of sandwiches, served on sliced bread, wraps and assorted batch with a choice filling will be available daily - ham, cheese, tuna, Chinese chicken, turkey and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.				
<b>Dessert</b> A selection of homemade desserts will be available every day as well as Fresh Fruit, Fruit Salad, Yogurts and Cheese and Crackers.				

## National Online Safety

The latest guide from the National Online Safety below provides parents/carers with advice about the messaging platform Telegram. Young people should be 17 years of age or older to download the app.

## Diary Dates

<b>Tuesday 9th May - Friday 12th May - KS2 SATs</b>	
<b>May 9th - 26th</b>	Key Stage 1 SATs
<b>Friday 26th May</b>	School closes for half term
<b>Monday 5th June</b>	School re-opens
<b>Thursday 20th July</b>	School closes for summer



Mrs. Sue Talbot  
Headteacher  
B.Ed(Hons) M.Ed NPQH LPQSH



# What Parents & Carers Need to Know about

# TELEGRAM

AGE RESTRICTION  
**17+**

## WHAT ARE THE RISKS?

### LACK OF AGE RESTRICTION

Telegram has a 16+ age restriction on using the service, while someone is required to be over 17 to actually download the app. Once that's accomplished, however, there's no need to provide further identification. That means there's no guarantee that under 17s aren't using the app – and no way to confidently verify that any other user actually is who they say they are.

### POSSIBLE CYBERBULLYING

If your child uses Telegram, they could well be in a group with friends and peers on the app. These groups are managed by admins who can remove the option to post replies – possibly leading to instances of cyberbullying in which the victim has no ability to respond. Messages can be forwarded from groups, too, which potentially opens up images and text being seen by people they weren't intended for.

### UNMODERATED CONTENT

Because Telegram relies on users' self-moderation, it can sporadically become a hotbed for illegal or inappropriate content. In the past, the circulation of this material has led to its temporary removal from the App Store. In fairness, the same can be said of several messaging platforms, but Telegram's features (Secret Chats, for instance) certainly present more issues than the likes of WhatsApp.

### PRIVACY CONTROLS

If your child wants to use Telegram, we'd strongly suggest using the app's built-in privacy settings to restrict who can see when they were last online, their profile photo, and their phone number. This can be set to 'everybody', 'my contacts' or 'nobody'; we'd recommend either the second or third option, depending on how locked down you want the platform to be.

### USE THE BLOCK FUNCTION

Users can block spam, abusive, or impersonator accounts within the app. Blocking stops that account from messaging your child, or viewing their profile and activity. If the user in question is one of your child's peers or friendship circle, it may be worth bringing it to the attention of their school. Also bear in mind that your child can also voluntarily leave a Telegram group at any point if they wish.

### DISCUSS SECURITY

It's important that your child understands the merits of strong passwords and logging out of devices when they're finished – and the benefits of protecting their personal data in general. This could range from relaxed chats and simple tips like "don't send your bank details" to how to set up passcodes for Telegram so your child's chats stay secure when they step away from their screen.

### REPORT UNSAFE CONTENT

If your child receives private messages which include content that could be considered illegal, unsafe or upsetting, they can of course block the account responsible within the app itself. Be aware, however, that Telegram won't necessarily take any further action unless this offensive content involved a user-created channel, bot or sticker.

### PROTECT PAYMENT METHODS

Apple and Google's storefronts offer family sharing options, but it's also worth double-checking your settings to ensure that a password or two-factor authentication option is set up to prevent any unexpected purchases. If your child does pay for a premium Telegram subscription without your consent, Apple and Google have been known to issue refunds in some cases.

### PREMIUM COSTS

Telegram is free to use, but it also offers a premium membership (£4.99 per month or £35.99 a year) which increases download speeds, adds translation features, and increases channel and account limits. If your child has access to your Apple ID or Google Play details, they may be able to sign up for the premium package without your knowledge.

### UNAUTHORISED ACCESS

One of Telegram's major selling points is that it's accessible across multiple platforms. Once the app's been downloaded, users can log in from a phone, tablet or computer. This multi-device availability means increased opportunities for someone else to gain unauthorised access (if your child leaves a computer or tablet at school logged into their Telegram account, for instance).

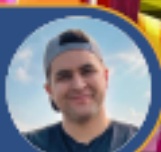
### SECRET CHATS

Telegram offers a feature called Secret Chats, which allows for messages which self-delete after a specified period of time. There are instances where this can be useful (journalists often use Telegram to protect their sources, for example), but for young people it can make it extremely difficult to prove that someone has been abusive or inappropriate towards them on the app.

## Advice for Parents & Carers

## Meet Our Expert

Lloyd Coombes is Editor in Chief of gaming and experts site 00Seven and has worked in the gaming media for around four years. A regular visitor to the App Store to try out new tools, he's also a parent who understands the value of online safety. Writing mainly about tech and games, his articles have been published in influential sites including BBC and Tech Radar.



PREMIUM ACCESS



National  
Online  
Safety

#WakeUpWednesday

Sources: <https://www.telegram.org/> | <https://www.engadget.com/telegram-explained-2022-10-25-16305028.html>