



School Council Meeting

13th October 2022

Key stage 2.

Minutes from meeting to file in SMSC folders.

Present:

Miss O'Hare-Chair

T.MC.G 5JM

E.G 6LW

I.T 5JM

C.J 6LQE

G.T 5CH

E.E 6GD

N.B-A 5JS

M.M 6JM

E.B 4PB

D.G 6JM

F.L 4SJ

Welcomes

Register and introduced the new councillors.

We talked about the upcoming mental health audit. We discussed what is mental health, do we know how to or who to go to for support. Pupils were confident in explaining what the school has in place already and what they would like to see in place to support pupils' mental health further.

Already a win

- Every class has a mental health ambassador. We know who they are because of their badges, and pictures on class wall. These pupils have presented us with an assembly and they have had training to support them.
- Social supermarket is there to support those who need financial support and for those who just need a chat.
- There are members of staff who are specially trained to help pupils relax and express their emotions.
- The family support team is there for all the pupils and staff who need it.
- We have mindfulness every day to help us relax, reflect and refocus after lunch.

Quick fixes

- People who get support from the family support team gain new skills and coping techniques to help them deal with different situations. These could be shared with all pupils. Possibly through more assemblies.
- More opportunities to be in the downstairs library where pupils have said they feel calmer and more relaxed.

We will continue to get pupil voice on ideas for this.

Thanks for all the great input, it was much appreciated.